

Is Acupuncture Painful?

*Acupuncture is not painful due to the fact that acupuncture needles are hair-thin and are not hollow like a syringe. If there is any discomfort, it is usually momentary. Once needles are in place, patients have reported feeling very relaxed, a warm or cool sensation running throughout the body, a tingling sensation, energized, or sleepy. For health and safety, **ALL Needles used in our office are Single use, Pre-Packaged, Sterilized Disposable Needles. They are NEVER reused!***